

## **LET THE LIGHT IN**

Ephesians 5:6-21

*<sup>6</sup> Let no one deceive you with empty words, for because of these things the wrath of God comes upon the sons of disobedience. <sup>7</sup> Therefore do not be partakers with them; <sup>8</sup> for you were formerly darkness, but now you are Light in the Lord; walk as children of Light <sup>9</sup> (for the fruit of the Light consists in all goodness and righteousness and (truth), <sup>10</sup> trying to learn what is pleasing to the Lord. <sup>11</sup> Do not participate in the unfruitful deeds of darkness, but instead even expose them; <sup>12</sup> for it is disgraceful even to speak of the things which are done by them in secret. <sup>13</sup> But all things become visible when they are exposed by the light, for everything that becomes visible is light. <sup>14</sup> For this reason it says, “Awake, sleeper, And arise from the dead, And Christ will shine on you.” <sup>15</sup> Therefore be careful how you walk, not as unwise men but as wise, <sup>16</sup> making the most of your time, because the days are evil. <sup>17</sup> So then do not be foolish, but understand what the will of the Lord is. <sup>18</sup> And do not get drunk with wine, for that is dissipation, but be filled with the Spirit, <sup>19</sup> speaking to one another in psalms and hymns and spiritual songs, singing and making melody with your heart to the Lord; <sup>20</sup> always giving thanks for all things in the name of our Lord Jesus Christ to God, even the Father; <sup>21</sup> and be subject to one another in the fear of Christ.*

Memory Verse:

*For you were formerly darkness, but now you are Light in the Lord; walk as children of Light.*

—Ephesians 5:8

Light illuminates every bit of darkness and filth.

Stuff the truth, hoping it will go away (it does not).  
Or allow God’s light of truth to search our hearts.

Vs. 8, “You were formerly darkness, but now you are Light in the Lord.”

Vs, 14, “Awake o sleeper. Arise from the dead, and Christ will shine on you.”

Vs. 9, “For the fruit of the Light consists in all goodness and righteousness and (truth).”

### **Light consists in all**

#### **1. All Goodness**

Goodness: kindness rather than righteous side of goodness.  
Good by nature, intrinsic

Jeremiah 29:11

**Wonderful counselor:** True to His name, Jesus displays a delicate balance between tenderness and toughness, compassion and confrontation.

John 11:38-39, “removed the stone.”

John 3:16, “For God so loved the world...”

**Quotes:**

*God knows us better than anyone else, but God also loves us more than anyone else.*

*There is absolutely nothing we can do to make God love us less, and there is nothing we can do to make God love us more.*

*The Light of the Cross reveals that where God saw us at our worst, He loved us the most. (If Only, 76)*

## **2. Righteousness**

Righteousness: justice, justness, divine righteousness

**Tough Love:**

- John 5:14, man at Bethesda Pool
- John 8:11, adulterous woman
- John 4:18, woman at the well.
- Mark 10:21, Rich young ruler.

## **3. Truth**

Truth: not just spoken truth (true), but truth as an idea.

- John 18:38, Pilate, asking, “What is truth?” (What is the meaning of life?)
- John 14:6, Jesus is the way, the truth, and the life.
- Ephesians 5:13, “But all things become visible when they are exposed by the light, for everything that becomes visible is light.”

Truth: Woman at the Well. (John 4)

1. Everyone knew, she was a sinner, promiscuous life
2. Only Jesus and the woman knew, she wasn't happy.
3. Only Jesus knew, but was revealing to the woman. She didn't have to remain that way.

**Challenge: Contemplating the Cross:**  
Salvador Dali's Christ of St. John of the Cross.



**God Loves and Knows Us**  
**Psalm 139:17-18, 23-24.**

**What God reveals God heals.**

Because of God's great love, "**You can stare your worst sin or greatest failure in the face when you hold the hand of Jesus.**" (*If Only*, 76).

- If you are struggling with hidden hurt and pain, ask the Holy Spirit to reveal to you the source of your pain.
- If the Holy Spirit reveals past hurts or trauma, allow God's healing grace to flow over you.
- If unconfessed sin is revealed, confess your sin and repent. You will receive God's forgiveness.

***Then, take hold of the hand of Jesus. They are nail-scarred hands.***